

10th Middle East Orthopaedics Conference

28 – 30 January 2014

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27-30 January 2014

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Benefits of attending

- Apply appropriate management of shoulder disorders and instability in athletes and paediatric
- Assess elbow disorders, including fractures and tennis elbow
- Evaluate paediatric upper extremity fractures
- Analyse effective management of the adolescent hip
- Employ new concepts in proximal hip fractures
- Recognise orthopaedic and trauma patient needs
- Discuss Scapholunate ligament importance, injury and management

Featured speakers

- **Guido Marra, MD**, Professor of Orthopaedic Surgery, Director of Shoulder and Elbow Surgery, Department of Orthopaedic Surgery, Northwestern University of Feinberg School of Medicine, Chicago, Illinois, USA
- **Alvin H. Crawford, MD, FACS**, Professor, Crawford Spine Center, Professor, Division of Pediatric Surgery, Cincinnati Children's Hospital, Cincinnati, Ohio, USA
- **Francesca Vannini, MD**, Assistant Professor, Rizzoli Institute, Bologna, Italy
- **Prof Lennard Funk**, Consultant Shoulder and Upper Limb Surgeon, Professor of Orthopaedics & Sports Medicine, BMI Healthcare, The Alexandra Hospital, Manchester, UK
- **Ravi Mittal**, Professor, All Indian Institute of Medical Sciences, New Delhi, India
- **Vikas Khanduja**, Consultant Orthopaedic Surgeon, Cambridge University Hospitals NHS Foundation Trust, Cambridge, UK

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10th Middle East Orthopaedics Conference

28 – 30 January 2014



Dear healthcare professional,

I am pleased to present you with the conference programme for the **10th Middle East Orthopaedics Conference** taking place from 28-30 January 2014 at the Dubai International Convention and Exhibition Centre.

Delegates this year will have the opportunity to recognise orthopaedic and trauma patient needs, discuss paediatric upper extremity fractures and apply appropriate management of shoulder disorders.

Over three action-packed days, orthopaedic surgeons, technicians and sports medicine physicians will review the latest developments, technologies and techniques that are advancing patient care within the field of orthopaedics.

The activity directors, scientific committee members and I are proud and honoured to bring you together for this important CME-accredited scientific meeting, and we look forward to welcoming you to this major educational event.

Regards

Sally Thompson
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P.S. Contact our team directly to learn more about our group discounts and early bird rates. Call **+971 (0) 4 336 7334** or email **ahcongress@informa.com**.

Who should attend the 10th Middle East Orthopaedics Conference?

- Orthopaedic Surgeons
- Shoulder and Upper Limb Surgeons
- Foot and Ankle Surgeons
- Sports Medicine Surgeons
- Orthopaedists
- Orthopaedic Technicians
- Paediatric Orthopaedic Surgeons
- Physiotherapists
- Spinal Surgeons
- Paediatricians
- Sports Medicine Physicians



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09:50 **Opening remarks by the chair**
William D. Murrell, MD, Consultant Orthopaedic Surgeon, Orthopaedic Sports Medicine, **DHB Medical Centre, Dubai, UAE**

10:00 **Keynote presentation: Shoulder instability in the competitive athlete**
Lennard Funk, MD, Professor, Consultant Shoulder and Upper Limb Surgeon, Professor of Orthopaedics and Sports Medicine, **BMI Healthcare, The Alexandra Hospital, Manchester, UK**

SESSION 1: SHOULDER INSTABILITY

10:30 **Chronic instability – clinical and imaging assessment**
Ian Bayley, BSC, FRCS (UK) Consultant Orthopaedic Surgeon and Head of Shoulder Surgery, **BMI Healthcare, The Clementine Churchill Hospital, London, UK**

10:45 **Paediatric and adolescent shoulder instability**
Shital N. Parikh, MD, Orthopaedic Surgeon (Sports Medicine), Assistant Professor, Division of Pediatric Surgery, **Cincinnati Children's Hospital Medical Center, Cincinnati, Ohio, USA**

11:00 **Shoulder instability rehabilitation**
Nitin Jain, MD, Assistant Professor of Physical Medicine Rehabilitation and Orthopedics, **Harvard Medical School, Boston, Massachusetts, USA**

11:15 **Q&A**

11:30 **COFFEE BREAK**

SESSION 2: ROTATOR CUFF TEAR

12:00 **Rotator cuff evaluation and initial management**
William D. Murrell, MD, Consultant Orthopaedic Surgeon, Orthopaedic Sports Medicine, **DHB Medical Center, Dubai, UAE**

12:15 **Evidence on operative versus non-operative treatment for rotator cuff tears**
Nitin Jain, MD, Assistant Professor of Physical Medicine, Rehabilitation and Orthopaedics, **Harvard Medical School, Boston, Massachusetts, USA**

12:30 **Full thickness rotator cuff tear**
Prof Lennard Funk, MD, Consultant Shoulder and Upper Limb Surgeon, Professor of Orthopaedics and Sports Medicine, **BMI Healthcare, The Alexandra Hospital, Manchester, UK**

12:45 **Rotator cuff tear – Middle East perspective**
Saeed Al Thani, Assistant Professor, Consultant Orthopaedic Total Joint Reconstruction, Arthroscopy and Sport Medicine, **UAE University, Tawam and Al Ain Hospitals, Dubai, UAE**

13:00 **Rehabilitation of rotator cuff tears**
Nitin Jain, MD, Assistant Professor of Physical Medicine, Rehabilitation and Orthopedics, **Harvard Medical School, Boston, Massachusetts, USA**

13:15 **Q&A**

13:30 **LUNCH BREAK**

SESSION 3: PERIOPERATIVE COMPLICATIONS/TREATMENT

14:30 **Fat embolism syndrome**
John E. Tetzlaff, MD, Professor of Anaesthesiology, **Cleveland Clinic Lerner College of Medicine**, Staff Anaesthesiologist, Department of General Anaesthesia, Anaesthesiology Institute, **Cleveland Clinic, Cleveland, Ohio, USA**

14:45 **Anterior shoulder pain**
Lennard Funk, MD, Professor, Consultant Shoulder and Upper Limb Surgeon, Professor of Orthopaedics and Sports Medicine, **BMI Healthcare, The Alexandra Hospital, Manchester, UK**

15:00 **Cerebral desaturation in the beach chair position: understanding frequency, monitoring and prevention of catastrophic events**
Guido Marra, MD, Professor of Orthopaedic Surgery, Director of Shoulder and Elbow Surgery, Department of Orthopaedic Surgery, **Northwestern University Feinberg School of Medicine, Chicago, Illinois, USA**

15:15 **Q&A**

15:30 **COFFEE BREAK**

SESSION 4: ELBOW

15:45 **Fractures of the elbow**
Roger van Riet, MD, Professor of Orthopaedic Surgery, **Erasmus University Hospital**; Elbow Surgeon, **AZ Monica Research Foundation, Antwerp, Belgium**

16:00 **Stiff elbow**
Ravi Mittal, MD, Additional Professor, **All India Institute of Medical Sciences, New Delhi, India**

16:15 **Distal biceps rupture**
Roger van Riet, MD, Professor of Orthopaedics Surgery, **Erasmus University Hospital**; Elbow Surgeon, **AZ Monica Research Foundation, Antwerp, Belgium**

16:30 **Arthroscopic treatment of degenerative stiff elbow**
Paolo Zucco, MD Consultant Orthopaedic Surgeon, **Istituto Auxologico Italiano, Capitanio Clinic, Milan, Italy**

16:40 **Bony encasement of the ulnar nerve secondary to heterotopic ossification of the elbow**
Guido Marra, MD, Professor of Orthopaedic Surgery, Director of Shoulder and Elbow Surgery, Department of Orthopaedic Surgery, **Northwestern University Feinberg School of Medicine, Chicago, Illinois, USA**

16:50 **Q&A**

SESSION 5: UPPER EXTREMITY TRAUMA

17:05 **Paediatric upper extremity fractures**
Alvin H. Crawford, MD, FACS, Professor, **Crawford Spine Center**, Professor, Division of Pediatric Surgery, **Cincinnati Children's Hospital, Cincinnati, Ohio, USA**

17:20 **Minimal invasive treatments in hand surgery**
Jose Manuel Rojo Manaute, MD, Upper Limb Surgery, Department of Orthopaedics, **University Hospital of Point-à-Pitre, Guadeloupe, France**

17:35 **Importance, injury and management of SL ligament**
Lucia Heras-Garcia, MD, Senior Consultant, Hand and Orthopaedic Surgery, **Burjeel Hospital for Advanced Surgery, Dubai, UAE**

17:50 **New techniques for phalangeal fractures in the hand**
Vijay Gawande, MD, Orthopaedic Specialist and Hand Surgeon, **Prime Medical Centre, Dubai, UAE**

18:00 **Q&A**

18:15 **END OF DAY ONE**

09:20 Opening remarks by the chair
William D. Murrell, MD, Consultant Orthopaedic Surgeon, Orthopaedic Sports Medicine, DHB Medical Centre, Dubai, UAE

SESSION 6: PAEDIATRIC AND ADOLESCENT HIP

09:25 Paediatric hip arthroscopy
Shah Alam Khan, MD, Additional Professor, Department of Orthopaedics, Paediatric Orthopaedic and Musculoskeletal Oncology, AIIMS, New Delhi, India

09:40 CDH and management
Alvin H. Crawford, MD, Professor, Crawford Spine Center, Professor, Division of Pediatric Surgery, Cincinnati Children's Hospital, Cincinnati, Ohio, USA

09:55 Single staged bilateral hip reconstruction in children with DDH
Marc F. Sinclair, MD, Paediatric Orthopaedic Surgeon, The Children's Medical Center, Dubai, UAE

10:10 Management of the adolescent hip
Shital N. Parikh, MD, Orthopaedic Surgeon (Sports Medicine), Assistant Professor, Division of Paediatric Surgery, Cincinnati Children's Hospital Medical Center, Cincinnati, Ohio, USA

10:25 Q&A

10:40 COFFEE BREAK

SESSION 7: MINIMALLY INVASIVE HIP

11:10 Biologic hip arthroplasty
Adam Anz, MD, Orthopaedic Surgeon, Andrews Institute, Gulf Breeze, Florida, USA

11:25 The setup of hip arthroscopy
Vikas Khanduja, MD, Consultant Orthopaedic Surgeon, Cambridge University Hospitals, NHS Foundation Trust, Cambridge, UK

11:40 Femoral acetabular impingement
Adam Anz, MD, Orthopaedic Surgeon, Andrews Institute, Gulf Breeze, Florida, USA

11:55 Hip labral repair
Vikas Khanduja, MD, Consultant Orthopaedic Surgeon, Cambridge University Hospitals NHS Foundation Trust, Cambridge, UK

12:10 Hip arthroscopy rehabilitation
Anuj Punnoose, Bsc, MCSP (UK), Lead Physiotherapist, Trauma and Orthopaedics, Cambridge University Hospitals, NHS Foundation Trust, Cambridge, UK

12:25 Q&A

12:40 LUNCH BREAK

SESSION 8: TECHNOLOGY AND INNOVATION

13:40 Is leverage technology your friend?
Jonathan Schaffer, MD, MBA, Managing Director, eCleveland Clinic, Information Technology Division; Staff, Center for Joint Reconstruction, Orthopedic and Rheumatologic Institute, Cleveland Clinic, Cleveland, Ohio, USA

13:55 Quality and Safety play a role in innovating new models of care
J. Michael Henderson, MD, Chief Quality Officer, Cleveland Clinic, Cleveland, Ohio, USA

14:10 Q&A

SESSION 9: HIP AND PELVIS TRAUMA

14:25 Genito-urinary injuries
Khaleed Fareed, MD, Assistant Professor of Urology, Glickman Urological & Kidney Institute, Cleveland Clinic, Cleveland, Ohio, USA

14:40 Osteoporosis detection and management before the fracture
Humeira Badsha, MD, Medical Director, Dr. Humeira Badsha Medical Center, Dubai, UAE

14:55 New concepts in proximal hip fractures
Ravi Mittal, MD, Additional Professor, All India Institute of Medical Sciences, New Delhi, India

15:05 Minimally invasive pelvic fracture osteosynthesis – why and how?
Madhat Khafajy, MD, Consultant, Chief of Service, Al Rabha Hospital, Abu Dhabi, UAE

15:15 Pseudoaneurysm after dynamic hip screw fixation for intertrochanteric hip fracture: a case report
Ahmed Mujtaba Siddiqui, MD, Consultant Orthopaedics, National Guard Health Affairs, Al Ahsa, KSA

15:25 Arthroscopically assisted lesser trochanter fracture fixation: a case series
Munjed Al Muderis, MBChB, FRACS, FAOrthA, Orthopaedic Surgeon, Chairman of the Osseointegration Group of Australia; Associate Professor at Notre Dame University; Senior Clinical Lecturer, Macquarie University and the Australian School of Advanced Medicine, Sydney, Australia

15:35 Femoral neck fracture in the elderly – hemi versus THA, cemented versus press fit
Zenet Khired, MD, Orthopaedic Consultant, King Fahad General Hospital, Ministry of Health, Jeddah, KSA

15:45 Q&A

16:00 COFFEE BREAK

SESSION 10: ADULT HIP RECONSTRUCTION

16:30 Metal on metal hip resurfacing
Chris Whately, MD, Orthopaedic Surgeon and Chief of Orthopaedics, Medcare Orthopaedic and Spinal Hospital, Dubai, UAE

16:45 Osteonecrosis adult hip
Vikas Khanduja, MD, Consultant Orthopaedic Surgeon, Cambridge University Hospitals NHS Foundation Trust, Cambridge, UK

17:00 Revision of total hip arthroplasty
Dr Anil Arora, Ms DNB, Dip SIROT, Senior Orthopaedic Surgeon, Max Super Speciality Hospital, New Delhi, India

17:15 Early total hip replacement post-acetabular fractures
Ayman Ebied, MD, Assistant Professor Orthopaedics, Menoufia University Hospitals, Menoufia, Egypt

17:25 Total hip arthroplasty using the neck preserving prosthesis with anterior approach – our experience with the first 100 cases
Munjed Al Muderis, MBChB, FRACS, FAOrthA, Orthopaedic Surgeon, Chairman of the Osseointegration Group of Australia; Associate Professor at Notre Dame University, Senior Clinical Lecturer, Macquarie University and the Australian School of Advanced Medicine Sydney, Australia

17:35 Single stage revision total hip replacement for low grade infection
Ayman Ebied, MD, Assistant Professor Orthopaedics, Menoufia University Hospitals, Menoufia, Egypt

17:45 Q&A

18:00 END OF DAY TWO

09:20 Opening remarks by the chair
William D. Murrell, MD, Consultant Orthopaedic Surgeon, Orthopaedic Sports Medicine, DHB Medical Centre, Dubai, UAE

SESSION 11: FOOT AND ANKLE TRAUMA

09:25 Floating metatarsal injury: short case series report and review of the literature
Ayman Tadros, MD, Senior Specialist, Orthopaedics, Mafrq Hospital, Abu Dhabi, UAE

09:35 Results of MIPO method in calcaneal fractures on comparison to plate fixation
Ihab Marwan Abbas, MD, Orthopaedic Specialist, Al Ain Hospital, Al Ain, UAE

09:45 Ligamentous injuries in the foot and ankle
Erik Nilssen, MD, Director Foot and Ankle Fellowship, Andrews Institute, Gulf Breeze, Florida, USA

10:00 Achilles injuries
Ravi Mittal, MD, Additional Professor, All Indian Institute of Medical Sciences, New Delhi, India

10:15 Paediatric and adolescent foot and ankle injuries
Shital N. Parikh, MD, Orthopedic Surgeon (Sports Medicine), Assistant Professor, Division of Pediatric Surgery, Cincinnati Children's Hospital Medical Center, Cincinnati, Ohio, USA

10:30 Paediatric fractures of the foot and ankle
Alvin H. Crawford, MD, FACS, Professor, Crawford Spine Center; Professor, Division of Pediatric Surgery, Cincinnati Children's Hospital, Cincinnati, Ohio, USA

10:45 Q&A

11:00 COFFEE BREAK

SESSION 12: MINIMALLY INVASIVE FOOT AND ANKLE

11:30 Biologics in foot and ankle surgery
Erik Nilssen, MD, Director Foot and Ankle Fellowship, Andrews Institute, Gulf Breeze, Florida, USA

11:45 Evolution of cartilage repair in the ankle
Francesca Vaninni, MD, Assistant Professor, Rizzoli Institute, Bologna, Italy

12:00 Scientific research on foot biomechanics through modification of the achilles tendon to improve athletic performance in football and ballet
Lorenzo Andaloro, MD, Consultant, Foot Clinic of Florence, Florence, Italy

12:15 Q&A

SESSION 13: GENERAL SESSION

12:30 A paediatric neurologist approach to non-atalgic gait abnormalities in children
Dr Neil Friedman, MB Chb, Center for Pediatric Neurology, Cleveland Clinic, Cleveland, Ohio, USA

12:45 Foot posture analysis and research horizons
Edward S. Glaser, DPM, Independent Researcher, Lyles, Tennessee, USA

13:00 Q&A

13:15 LUNCH BREAK

SESSION 14: PAEDIATRIC AND ADOLESCENT FOOT RECONSTRUCTION

14:15 Club foot – The East perspective
Shah Alam Khan, MD, Additional Professor, Department of Orthopaedics, Paediatric Orthopaedic and Musculoskeletal Oncology, AIIMS, New Delhi, India

14:30 Club foot – The West perspective
Alvin H. Crawford, MD, FACS, Professor, Crawford Spine Center; Professor, Division of Pediatric Surgery, Cincinnati Children's Hospital, Cincinnati, Ohio, USA

14:45 Malignment of the hindfoot in children
Zaid Al Aubaidi, MD, Paediatric Orthopaedic Surgeon, The Children's Medical Center, Dubai, UAE

15:00 Calibrated leaf spring assisted propulsion
Edward S. Glaser, DPM, Independent Researcher, Lyles, Tennessee, USA

15:15 Q&A

15:30 COFFEE BREAK

SESSION 15: ADULT FOOT AND ANKLE RECONSTRUCTION

16:00 Adult flatfoot
Francesca Vannini, MD, Assistant Professor, Rizzoli Institute, Bologna, Italy

16:15 Cartilage disorders in the ankle
Erik Nilssen, MD, Director Foot and Ankle Fellowship, Andrews Institute, Gulf Breeze, Florida, USA

16:30 Foot posture controls function in sports medicine
Edward S. Glaser, DPM, Independent Researcher, Lyles, Tennessee, USA

16:45 Hallux valgus
Francesca Vannini, MD, Assistant Professor, Rizzoli Institute, Bologna, Italy

17:00 Q&A

17:15 END OF DAY THREE AND CLOSE OF CONFERENCE

10th Middle East Orthopaedics Conference



Activity Directors

- William D. Murrell, MD, Consultant Orthopaedic Surgeon, Orthopaedic Sports Medicine, DHB Medical Center, Dubai, UAE
- Jonathan Schaffer, MD, MBA, Managing Director, eCleveland Clinic, Information Technology Division; Staff, Center for Joint Reconstruction, Orthopedic and Rheumatologic Institute, Cleveland Clinic, Cleveland, Ohio, USA

Scientific Committee

- Salem Omar, MD, Orthopaedic Department, Head of CME Department, Sheikh Khalifa General Hospital, Umm Al Quwain, UAE
- Lucia Heras-Garcia, MD, Senior Consultant, Hand and Orthopaedic Surgery, Burjeel Hospital for Advanced Surgery, Dubai, UAE

Speaker Faculty



- Adam Anz, MD, Orthopaedic Surgeon, Andrews Institute, Gulf Breeze, Florida, USA
- Ahmed Mujtaba Siddiqui, MD, Consultant Orthopaedics, National Guard Health Affairs, Al Ahsa, KSA
- Alvin H. Crawford, MD, FACS, Professor, Crawford Spine Center, Professor, Division of Pediatric Surgery, Cincinnati Children's Hospital, Cincinnati, Ohio, USA
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- Anuj Punnoose, Bsc, MCSP (UK), Lead Physiotherapist, Trauma and Orthopaedics, Cambridge University Hospitals, NHS Foundation Trust, Cambridge, UK
- Ayman Ebied, MD, Assistant Professor of Orthopaedics, Menoufia University Hospitals, Menoufia, Egypt
- Ayman Tados, MD, Senior Specialist, Orthopaedic, Mafraq Hospital, Abu Dhabi, UAE
- Chris Whately, MD, Orthopaedic Surgeon and Chief of Orthopaedics, Medicare Orthopaedic and Spinal Hospital, Dubai, UAE
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- Jose Manuel Rojo Manaute, MD, Upper Limb Surgery, Department of Orthopaedics, University Hospital of Point-à-Pitre, Guadeloupe, France
- Dr Khaleed Fareed, MD, Assistant Professor of Urology, Glickman Urological & Kidney Institute, Cleveland Clinic, Cleveland, Ohio, USA
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10th Middle East Orthopaedics Conference

28 – 30 January 2014



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28 January 2014 29 January 2014 30 January 2014

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Arab Health Congress

27 – 30 January 2014

Dubai International Convention & Exhibition Centre, UAE



The Arab Health Congress is the world's largest CME-accredited multi-track medical learning platform. It is a unique forum for regional and international healthcare professionals to gather and engage with medicine experts in various fields in order to meet the increasing educational needs of medical professionals. Running alongside the Arab Health Exhibition, the region's premier healthcare event, it will feature 19 conferences including:

The Arab Health 2014 Conferences Planner

Monday, 27 January 2014	Tuesday, 28 January 2014	Wednesday, 29 January 2014	Thursday, 30 January 2014
MEDLAB Congress	MEDLAB Congress	MEDLAB Congress	MEDLAB Congress
Total Radiology	Total Radiology	Total Radiology	Total Radiology
2 nd Middle East Diabetes Conference	2 nd Middle East Diabetes Conference	6 th Middle East Gastroenterology Conference	6 th Middle East Gastroenterology Conference
	10 th Middle East Orthopaedics Conference	10 th Middle East Orthopaedics Conference	10 th Middle East Orthopaedics Conference
	13 th Middle East Surgery Conference	13 th Middle East Surgery Conference	13 th Middle East Surgery Conference
7 th Middle East Paediatrics Conference	7 th Middle East Paediatrics Conference	7 th Middle East Paediatrics Conference	
7 th Middle East Update In Urology Conference	7 th Middle East Update in Urology Conference	3 rd GCC Conference on Biomedical Engineering	3 rd GCC Conference on Biomedical Engineering
3 rd Middle East Wound Care Conference	3 rd Middle East Wound Care Conference		
5 th Middle East Quality Management in Healthcare Conference	5 th Middle East Quality Management in Healthcare Conference	4 th Respiratory, Critical Care and Sleep Diseases Conference	4 th Respiratory, Critical Care and Sleep Diseases Conference
Public Health	Public Health	7 th Middle East Anaesthesia Conference	7 th Middle East Anaesthesia Conference
		6 th Middle East Cardiovascular Disease and Intervention Conference	6 th Middle East Cardiovascular Disease and Intervention Conference
	Big Data	Big Data	
		2 nd Complementary, Alternative and Integrative Medicine Conference	Leaders in Healthcare
		Mock Trial	

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